Appendix 15: Fitness to Work Certificate

Employee Data			Date 26-05-24
Name Muhammad Atif			Department/Company
I.D No. 127736661	Age 25.4		Occupation Rigger

Type of Medical Evaluation			Mark those applying √
A1	Aircraft refuelling		
A2	Breathing apparatus		
A3	Business traveller		
A4	Catering and food preparation		
A5	Crane or forklift driving & all heavy vehicles		
A6	Fire / Emergency response team work		
A7	Professional driving		
A8	Remote location work		
A9	Transfers – group A country		
A10	Transfers – group B country		

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			✓
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	*Temporary restriction*	*Permanent restriction*	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			Date

Dr. Taher Yasir
General Practitioner
M.O.H Licence 15523
LIFELINE HOSPITAL SALALAH.

مستشفى خط الحياة ش.م.م
صلالة سلطنة عمان
ص.ب: ٤٧٠٠٩
C.R.No : 1095548
Salalah-S. of Oman
LIFELINE HOSPITAL L.L.C

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

PDO FTW REPORT

Surname/ Forenames	Muhammad Atif
Nationality	Pakistani
Mobile No.	**Home/Leave Address:**
Company Number: 12773661	**Reference Indicator:**

Personal Details

A ☑ Male ☐ Female

☑ Married ☑ Single ☐ Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee ☐ Wife ☐ Son ☐ Daughter

No of Children:

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☑ Final / Retirement ☐ Other Reason: ☐

Employee only

B Present Job and Location:

Next Job and Location:

Are you a registered person with special needs? No

Do you belong to any Medical Insurance Scheme? No

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe

		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		✓		
1	Ear, nose, eye or throat problems	✓		
2	Chest problems like asthma, bronchitis, other bad cough	✓		
3	Heart abnormality, chest pains	✓		
4	Abdominal pains, abnormal bowel motions	✓		
5	Urogenital problems (kidney disease, menstrual disorder)	✓		
6	Skin trouble or allergies	✓		
7	Epileptic fits, dizzy spells or migraine	✓		
8	History of mental illness, depression anxiety	✓		
9	Diabetes, thyroid disease	✓		
10	Blood disorder e.g., anaemia, blood cancer e.g., leukaemia	✓		
11	Any history of accidents or fractures	✓		
12	**Have you had any serious allergies**	✓		
13	Do any dependants have a significant ongoing illness?	✓		
14	Any family history of cancers	✓		
Do you take any regular medicines, or have your taken in the past?		✓		
Do you smoke? If yes, what and how much each day?		✓		
Do you drink alcohol? If yes, what is your average weekly intake?		✓		
Have you ever taken elicited/recreational drugs?		✓		
Are you doing regular sports or physical activities?		✓		

Dr. Taher Yasir
General Practitioner
M.C.H.I. Licence No. 15525
LIFELINE HOSPITAL SALALAH.

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld.I understand and agree that this form will be held as a confidential record by the concerned medical institute and may be copied (by paper or secure electronic transmission) to PDO the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 26.05.24 **Signature of Applicant:**

LIFELINE HOSPITAL L.L.C.

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal	A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A		
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L / R	VISION DISTANT / NEAR	R	L	R	L
173	96.5	32.3	120/80	70		Uncorrected				
						Corrected	6/6	6/6	6/6	6/6

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis			✓	7. Audiogram
✓		2. Hb, Blood count, ESR		✓		8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
	↑LDL	5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

advised to do diet & daily exercise.

ASSESSMENT AND RECOMMENDATIONS:

FIT ☑ ALL AREAS FIT ☐ WITH RESTRICTION TEMPORARY UNFIT ☐ UNFIT ☐

Date: Name (Block Capitals): Dr. Signature:

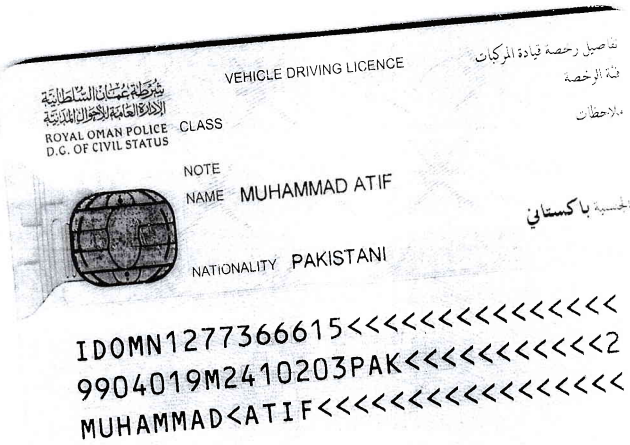
Dr. Tahir Yasin
General Practitioner
M.O.H. No. 16593
LIFELINE HOSPITAL SALALAH

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

مستشفى خط الحياة ش.م.م
صلالة سلطنة عمان
ص.ب: ٩٥٥١٨ ر.ب: ٢١١
C.R.no: 1095548
Salalah-S. of Oman
LIFELINE HOSPITAL L.L.C


580000E34BC52A79
سلطنة عمان
SULTANATE OF OMAN
RESIDENT CARD
بطاقة مقيم
CIVIL NUMBER 127736661 الرقم المدني
EXPIRY DATE 20/10/2024 تاريخ الإنتهاء
DATE OF BIRTH 01/04/1999 تاريخ الميلاد
مكان الميلاد باكستان
SIGNATURE التوقيع
الإسم محمد عاطف
المهنة حداد تسليح بناء
عمل بدون مرافقين لـ شركة بهجة كويوت ش م م


شرطة عمان السلطانية
الإدارة العامة للأحوال المدنية
ROYAL OMAN POLICE
D.G. OF CIVIL STATUS
VEHICLE DRIVING LICENCE
تفاصيل رخصة قيادة المركبات
CLASS فئة الرخصة
NOTE ملاحظات
NAME MUHAMMAD ATIF
NATIONALITY PAKISTANI الجنسية باكستاني
IDOMN1277366615<<<<<<<<<<<<<<<
9904019M2410203PAK<<<<<<<<<<<2
MUHAMMAD<ATIF<<<<<<<<<<<<<<<

مستشفى خط الحياة
LIFELINE HOSPITAL
a burjeel holdings company

PO Box 190, P.C: 211, Al Wadi, Salalah,
Sultanate of Oman. CR No: 1095548
23213471 | 23213471 | 98172691
help@lifelineoman.com | www.lifelinesalalah.com

VATIN - OM1100002760

Registration Address - PC 112, PO Box 1465, Muscat, Sultanate of Oman

Tax Invoice

Name:	**Mr. Muhammad Atif**	**Bill No:**	**BN1435226**
DOB/Gender:	25 Y M	Bill Date:	26-05-2024
MR No:	**LLH239547**	Registered Date:	26-05-2024 12:27
Visit ID:	OP948623	Doctor:	**External**
Insurance Comp:		Department:	SELF
Sponsor:		**Phone No:**	**97856050**
Referred By:	self	**Token No:**	**49**

#	Code	Head	Description	Rate	Qty	Disc	Total Net	Ins Amt	Pat Amt
1		Package Charges	PDO health check up (For employees below 40 years old)	35.000	1.00	0.000	35.000	0.000	35.000
			Bill Amount:	**35.000**		**0.000**	**35.000**	**0.000**	**35.000**

* E - Exempted

Total Excluding VAT :	35.000
VAT amount :	0.000
Total Including VAT :	35.000

Payments	Receipt No	Mode	Card Type	Bank	Reference No	Amount
Settlement						
26-05-2024	RC1148662	Debit Card		Other	313525	35.000

Signature

Web Access ID: OP948623 Password: 550263

GET ONLINE REPORT PLEASE SCAN THE QR CODE.

(Patient Signature)

(Allyaa)

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Laboratory Report

Patient Name	: Mr. Muhammad Atif	Order by	: Dr Ravichandran
MR No	: LLH239547	Lab No.	:
Age	: 25 Y	Sex	: M
Sample Received	: 26-05-2024 12:44	Phone	: +96897856050
Insurance Company	:	Sample Reported	: 26-05-2024 13:57
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 127736661		

Clinical Pathology

Test Description	Result	Units	Reference Range
URINE ANALYSIS			
MACROSCOPIC EXAMINATION	...		
Colour	YELLOW		pale yellow
Apprence	CLEAR		Clear
URINE BIOCHEMISTRY	...		
PH	6.0		6.0-7.5
Specific Gravity	1.015		1.000-1.030
Glucose	NIL		Nil
Urine Protein	NIL		Nil
Keton	NIL		Nil
Bilirubin	NIL		Nil
Urobilinogen	NORMAL		Normal(0.1-1.8 mg/dl)
Nitrite	NEGATIVE		Negative
Blood	NIL		Nil
URINE MICROSCOPY	...		
Pus Cells	3-5	/ hpf	0-2
RBC'S	1-2	/ hpf	0-2
Epithelial Cells	0-1	/ hpf	5-6
Cast	NIL		Nil
Crystals	NIL		Nil
Bacteria	NIL		Nil
Others	NIL		Nil

Lab Technologist

LIFELINE HOSPITAL L.L.C
C.R.No : 1095548
Salalah-S. of Oman

Dr. USAMA MOHAMED MAHMOUD EL DEEB
SPECIALIST PATHOLOGY
M.O.H. LIC NO:23705
LIFELINE HOSPITAL, SALALAH

Reviewed By

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Laboratory Report

Patient Name	: Mr. Muhammad Atif	Order by	: Dr Ravichandran
MR No	: LLH239547	Lab No.	:
Age	: 25 Y	Sex	: M
Sample Received	: 26-05-2024 12:44	Phone	: +96897856050
Insurance Company	:	Sample Reported	: 26-05-2024 13:51
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 127736661		

Hematology

Test Description	Result	Units	Reference Range
ESR	6	mm / 1st Hour	Male : 0 - 9 mm/1st Hour Female : 0-20 mm / 1st Hour

SICKLING TEST

Test	Results
Hemoglobin S, Screening	Negative

Note:
This assay will not discriminate Hgb S trait from homozygous sickle cell disease (S/S), nor any of the following combinations: S/C, S/D, S/G, S/E, S/ beta-thalassemia, S/O-Arab, and C-Harlem trait.

Lab Technologist

Dr. OSAMA MOHAMED MAHMOUD EL DEEB
SPECIALIST PATHOLOGY
M.O.H. LIC NO:23705
LIFELINE HOSPITAL, SALALAH

Reviewed By

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سلطنة عمان
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Laboratory Report

Patient Name	: Mr. Muhammad Atif	Order by	: Dr Ravichandran
MR No	: LLH239547	Lab No.	:
Age	: 25 Y	Sex	: M
Sample Received	: 26-05-2024 12:44	Phone	: +96897856050
Insurance Company	:	Sample Reported	: 26-05-2024 13:48
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 127736661		

Hematology

Test Description	Result	Units	Reference Range
CBC			
HAEMOGLOBIN	13.7	gms/dl	male: 13-18gm/dl
TOTAL WBC COUNT	7870	cells /cu mm	4000-11000
Neutrophil	59.1	%	40-75 %
Lymphocyte	32.8	%	20 - 45 %
Eosinophil	3.0	%	01 - 06 %
Monocyte	4.6	%	02-08 %
Basophil	0.5	%	00 - 01 %
PLATELET	2.75	lakhs/ cu mm	1.5 - 4.5 lakhs/cu mm
RBC	4.99	10^12/L	New Born : 5.0-7.0 1 year : 3.9-5.1 2-12 years: 4.0-5.2 Male : 4.3 - 5.7 Female : 3.9 - 5.0
PCV	41.9	%	Male : 42 -52 Female : 37 -47
MCV	84.0	fl	76 -96
MCH	27.5	pg	27 -33
MCHC	32.7	g/dl	32 - 36
RDW	13.1	CV%	Adult : 11.8 - 15.6 Child > 2 yrs : 12 -14.5
MPV	9.7	fl	7.4 - 10.5

Lab Technologist

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SPECIALIST PATHOLOGY
M.O.H. LIC NO:23705
LIFELINE HOSPITAL, SALALAH

Reviewed By

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سلطنة عمان
صلالة ص.ب: ١٠٩٥٥٤٨
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Laboratory Report

Patient Name	: Mr. Muhammad Atif	Order by	: Dr Ravichandran
MR No	: LLH239547	Lab No.	:
Age	: 25 Y	Sex	: M
Sample Received	: 26-05-2024 12:45	Phone	: +96897856050
Insurance Company	:	Sample Reported	: 26-05-2024 13:48
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 127736661		

Biochemistry

Test Description	Result	Units	Reference Range
LFT			
Total Bilirubin	0.43	mg/dl	Up to 1.1
Direct Bilirubin	0.14	mg/dl	Up to 0.25
Alkaline Phosphatase	99.21	U/L	40-129
SGOT (AST)	29.01	U/L	Male : 0-38 Female : 0-31
SGPT (ALT)	**41.51 #**	U/L	male : 0-40 female: 0-32
Total protein	7.53	g/dl	new born 5.2-9.1 children 5.4-8.7 adults 6.7-8.7
Albumin	4.77	g/dl	3.5-5.5
Globulin	2.76	gm/dl	1.8 to 3.6 gm/dl
Gamma GT	35.05	u / l	Male :10-71 Female 5-42
RENAL FUNCTION TEST			
BLOOD UREA	26.42	mg/dl	15-45
S. CREATININE	0.94	mg/dl	0.7-1.4 Male 0.6-1.1 Female
S.URIC ACID	4.94	mg/dl	Male : 3.4 - 7.0 mg/dl Female : 2.4 - 5.7 mg/dl
FASTING BLOOD SUGAR	89.02	mg/dl	normal <100 mg/dl prediabetes 100-125 mg/dl diabetic >/= 126 mg/dl
LIPIDS PROFILE			
Total Cholesterol	**236.78 #**	mg/dl	Desirable: < 200 Borderline High: 200 - 240 High: >=240
Triglycerides	126	mg/dl	Normal: <150 Borderline high: 150-199 High: 200-499 Very high: > or =500

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HDL Cholesterol	48.11	mg/dl	35-55
LDL Cholesterol	**163.50 #**	mg/dl	Optimal: <100 Near Optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: > or =190
VLDL Cholesterol	25.20	mg/dl	6-38
T.Chol/HDL Ratio	4.92		3.5-5
LDL/HDL Ratio	3.4		2.5-3.5

Lab Technologist

Dr. USAMA MOHAMMED MAHMOUD EL DEEB
SPECIALIST PATHOLOGY
M.O.H. LIC NO:27/05
LIFELINE HOSPITAL, SALALAH

Reviewed By

مستشفى خط الحياة ش.م.م
سلطنة عمان
سجل تجاري : ١٠٩٥٥٤٨
C.R.No : 1095548
Salalah-S. of Oman
LIFELINE HOSPITAL L.L.C

ID: 239547 26-05-2024 01:02:49 PM

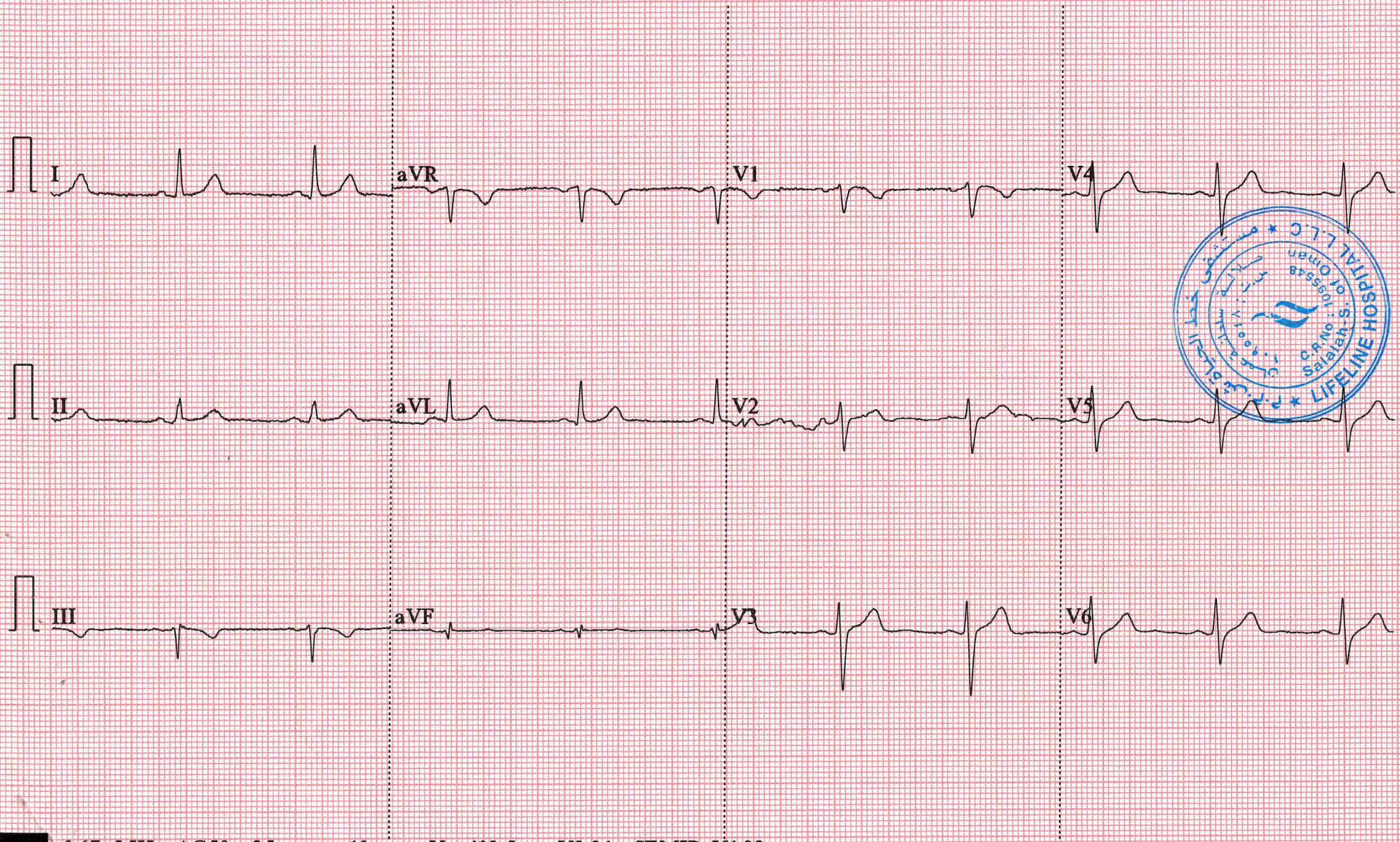
CARDIART

mohmed atif
Male 25Years
Req. No. :

HR	: 62	bpm
P	: 100	ms
PR	: 144	ms
QRS	: 104	ms
QT/QTcBz	: 394/401	ms
P/QRS/T	: -8/-3/8	°
RV5/SV1	: 0.646/0.508	mV

Diagnosis Information:

Report Confirmed by:



LIFELINE HOSPITAL L.L.C

0.67~25Hz AC50 25mm/s 10mm/mV 4*2.5s V2.21 SEMIP V1.92

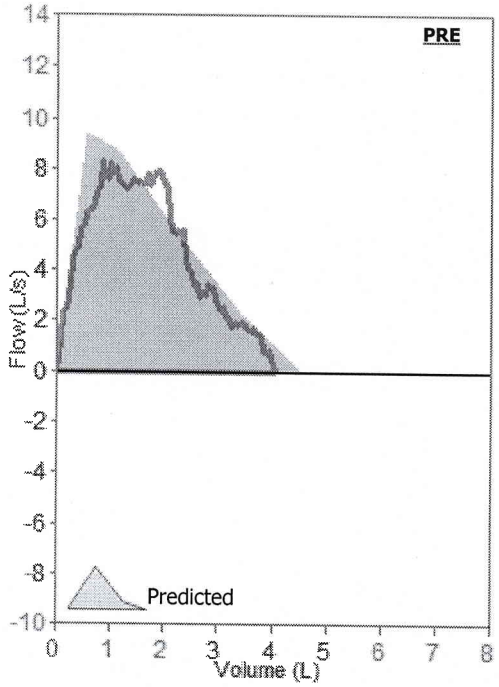
BPL

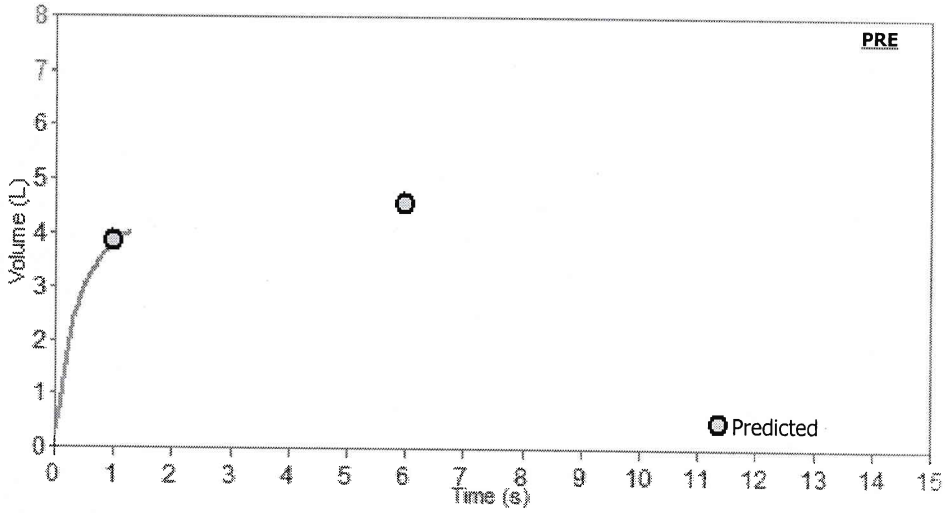
Pulmonary Function Test Results

Visit date 5/26/2024

Patient code	239547	Age	25
Surname	Atif	Gender	Male
Name	Muhammad	Height, cm	173
Date of birth	1/4/1999	Weight, kg	96
Ethnic group	Pakistan	BMI	32.08
Smoke	No smoker	Pack-Year	
Patient group			

FVC PRE | FEV1 PRE | FEV1% PRE





Quality Control Grade: F
0 Acceptable trials

Interpretation

Normal Spirometry

PRE Trial date 5/26/2024 1:12:17 PM

Parameters		LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	3.52	4.57	4.03*	88	-0.84	4.03			*		
FEV1	L	2.97	3.83	3.87*	101	0.07	3.87			*		
FEV1/FVC	%	74.7	84.9	96.0*	113	1.80	96.0			*		
PEF	L/s	5.98	9.39	8.53*	91	-0.42	8.53			*		
ELA	Years		25	25	100		25					
FEF2575	L/s	2.81	4.59	5.13	112	0.50	5.13					
FET	s		6.00	1.27	21		1.27					
FIVC	L	3.52	4.57									
FEV1/VC	%	74.7	84.9									

***Best values from all loops - BTPS 1.073 29 °C (84.2 °F) - Predicted Knudson**

Conclusion / Medical report

Signature

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سلالة سلطنة عمان
C.R.No : 1095548
Salalah-S. of Oman
LIFELINE HOSPITAL L.L.C

Instrument used
spirobank II-BLE S/N U02906

<SUPER QUALITY HEARING AID & SPEECH THERAP'

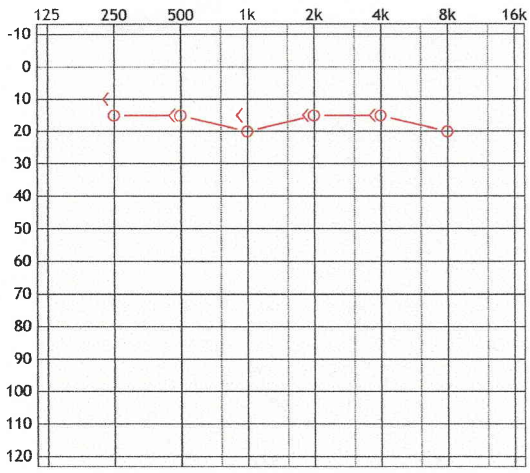
<AL WADI OPP TO CARRFOUR, NEAR MACDONALD 97021873 >

Patient Name ATIF , MUHAMMAD

Male

Referral 239547

Test date: 5/26/2024

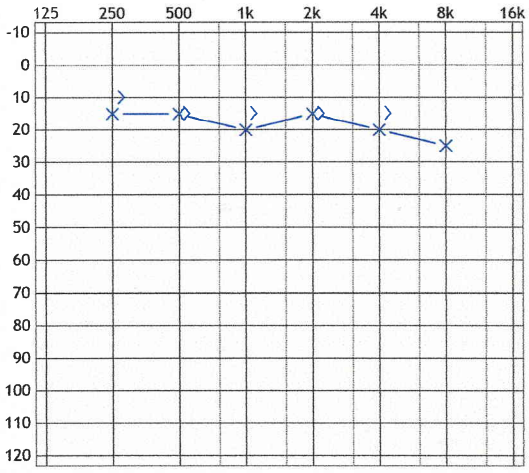


Legend

R B L

AC

BC



Pure Tone Average	AC
Right (3 Freq.)	17
Left (3 Freq.)	17

مركز الجودة الفائقة للسمع والنطق
س.ت رقم : ١٠٩٣٣٩٣
C.R. No: 1093393
PO Box: 2273
Postal Code: 133
Salalah: 2419
SUPER QUALITY HEARING AID AND SPEECH THER

Report Comments

B/L: HEARING SENSITIVITY WITHIN NORMAL LIMITS.
FOLLOW UP
ENT REVIEW
AURAL HYGIENE

Name :
ABC

5/26/2024