مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

PDO FTW REPORT

Surname/ Forenames	Ghulam Yasin
Nationality	PAKISTANI
Mobile No. 96928470	**Home/Leave Address:**
Company Number: 11257 6896	**Reference Indicator:**

Personal Details

A ☑ Male ☐ Female

☑ Married ☐ Single ☐ Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee
☐ Wife ☐ Son ☐ Daughter

No of Children:

Reason for Examination (tick as appropriate)

Periodic Medical Examination ☐ Final / Retirement ☐ Other Reason: ☐

Employee only

B Present Job and Location:

Next Job and Location:

Are you a registered person with special needs? ☐ NO

Do you belong to any Medical Insurance Scheme? ☐ NO

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe

		N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		✓		
1	Ear, nose, eye or throat problems	✓		
2	Chest problems like asthma, bronchitis, other bad cough	✓		
3	Heart abnormality, chest pains	✓		
4	Abdominal pains, abnormal bowel motions	✓		
5	Urogenital problems (kidney disease, menstrual disorder)	✓		
6	Skin trouble or allergies	✓		
7	Epileptic fits, dizzy spells or migraine	✓		
8	History of mental illness, depression anxiety	✓		
9	Diabetes, thyroid disease	✓		
10	Blood disorder e.g., anaemia, blood cancer e.g., leukaemia	✓		
11	Any history of accidents or fractures		✓	Right leg fracture in Road Accident in 2007
12	**Have you had any serious allergies**	✓		
13	Do any dependants have a significant ongoing illness?	✓		
14	Any family history of cancers	✓		
Do you take any regular medicines, or have your taken in the past?		✓		
Do you smoke? If yes, what and how much each day?			✓	5 per day
Do you drink alcohol? If yes, what is your average weekly intake?		✓		
Have you ever taken elicited/recreational drugs?		✓		
Are you doing regular sports or physical activities?		✓		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by the concerned medical institute and may be copied (by paper or secure electronic transmission) to PDO the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 17/6/2022

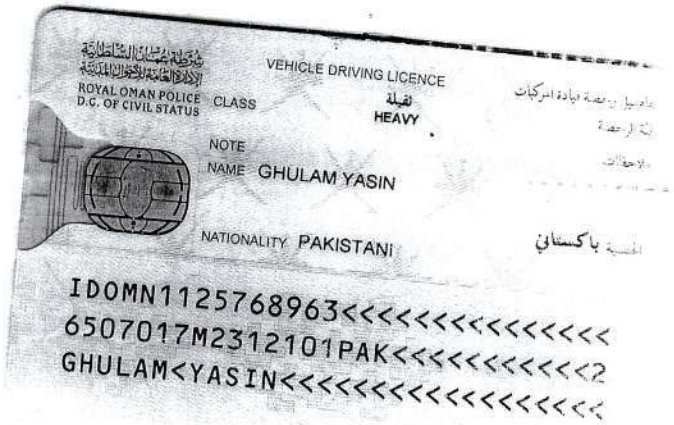
Signature of Applicant: G. Yasin

LIFELINE HOSPITAL SALALAH

Dr Adasson Joshua Ushinde
General Practitioner
M.D.H LIC: 18316
LIFELINE HOSPITAL Salalah

17/06/22


#840036BD2E2A77
سلطنة عمان
SULTANATE OF OMAN
RESIDENT CARD
بطاقة مقيم
CIVIL NUMBER
EXPIRY DATE
DATE OF BIRTH
112576896
10/12/2023
01/07/1965
الرقم المدني
تاريخ الإنتهاء
تاريخ الميلاد
مكان الميلاد
باكستان
الإسم غلام ياسين
المهنة سائق شاحنة
عمل بدون مراقبين لـ مؤسسة ديت الحدية للتجارة
SIGNATURE
توقيع


ROYAL OMAN POLICE
D.G. OF CIVIL STATUS
VEHICLE DRIVING LICENCE
CLASS
HEAVY
NOTE
NAME GHULAM YASIN
NATIONALITY PAKISTANI
IDOMN1125768963<<<<<<<<<<<<<<<
6507017M2312101PAK<<<<<<<<<<<2
GHULAM<YASIN<<<<<<<<<<<<<<<<


HOSPITAL
Oman

Epworth Screening Questionnaire for Sleep Apnea (Drivers)

Employee Data		Date 17-6-2023
Last Name Yasin		First Name Ghulam
I.D No. 1257 6896	Tel #	Occupation

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff, all information provided on this form and during consultations remains strictly confidential.

How likely are you to fall asleep in the following situations?

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

_____	Sitting and reading watching
_____	TV
_____	Sitting inactive in a public place (e.g. theatre or meeting) as a
_____	passenger in the car for an hour without a break
_____	Lying down to rest in the afternoon when circumstances permit
_____	Sitting a talking with someone
_____	Sitting quietly after lunch without alcohol
_____	In a car, while stopped for a few minutes in traffic
Total	0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Ghulam Yasin
(Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: G. Yasin

Date: 17/06/2023

Dr Adasco Joshua Ushunde
General Practitioner
M.O.H LIC: 18316
LIFELINE HOSPITAL, Salalah.

LIFELINE HOSPITAL
HOS. License no: 633
P.O Box 190, P.C. 211

17/06/23

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH

A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel : 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

VATIN - OM1100002760

Registration Address - PC 112, PO Box 1465, Muscat, Sultanate of Oman

Tax Invoice

Name:	**Mr. Ghulam Yasin**	**Bill No:**	**BN1205298**
DOB/Gender:	57 Y M	Bill Date:	17-06-2023
MR No:	**LLH107177**	Registered Date:	17-06-2023 08:29
Visit ID:	OP797295	Doctor:	**External**
Insurance Comp:		Department:	SELF
Sponsor:		**Phone No:**	**96928470**
Referred By:	self	**Token No :**	**4**
		Place of Supply:	Sultanate of Oman

#	Code	Head	Description	VAT%	Rate	Qty	Disc	Total Net	Ins Amt	Pat Amt
1		Package Charges	PDO health check up (For employees above 40 years old)	E	35.000	1.00	0.000	35.000	0.000	35.000
			Bill Amount:		**35.000**	**0.000**		**35.000**	**0.000**	**35.000**

* E - Exempted

Total Excluding VAT :	35.000
VAT amount :	0.000
Total Including VAT :	35.000

Payments	Receipt No	Mode	Card Type	Bank	Reference No	Amount
Settlement						
17-06-2023	RC965244	Cash				35.000

Signature

(Patient Signature)

(Marwa Rabia Salcomi)



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING	VISION DISTANT	NEAR
175	97	31.7	186/106	80	L R N	Uncorrected Corrected	R L R L BL

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis				7. Audiogram
		2. Hb, Blood count, ESR				8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT AND RECOMMENDATIONS:

FI☐ALL AREAS **FI☐ITH RESTRICTION** **TE☐PORARY UNFIT** **UN☐T**

Date: Name (Block Capitals): Dr. Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

Dr Adason Joshua Ushunde
General Practitioner
M.O.H LIC: 18316
LIFELINE HOSPITAL, Salalah

LIFELINE HOSPITAL SALALAH
HOS. License no: 633
P.O.Box:190, P.C: 211 S. of Oman

17/06

Fitness to Work Certificate for drivers

Employee Data		Date 17-6-2023
Name Ghulam Yasin		Department/Company
I.D No. 12576896	Age 57	Occupation

Type of Medical Evaluation	Mark those applying √		
A5- HVD- Crane or forklift driving & all heavy vehicles		A7- Professional driving-light vehicles	

Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	***Temporary restriction***	***Permanent restriction***	
Work near moving machinery or sharp edges			
Operate Heavy motor vehicles, forklifts or heavy machinery			
Other (Specifiy)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	**Signature**	**Date** 17/6/2023	

Dr Adason Joshua Ushunde
General Practitioner
M.O.H LIC: 18816
LIFELINE HOSPITAL Salalah

17/06/2023

LIFELINE HOSPITAL SALALAH
HOS. License no: 633
P.O Box:190, P.C: 211 S. of Oman

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel: 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

Laboratory Report

Patient Name	: Mr. Ghulam Yasin	Order by	: Dr Amresh Gul
MR No	: LLH107177	Lab No.	:
Age	: 57 Y	Sex	: M
Sample Received	: 17-06-2023 08:38	Phone	: +96896928470
Insurance Company	:	Sample Reported	: 17-06-2023 09:33
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 112576896		

Hematology

Test Description	Result	Units	Reference Range
ESR	05	mm / 1st Hour	Male : 0 - 9 mm/1st Hour Female : 0-20 mm / 1st Hour

Lab Technologist

Pathology Specialist
LIC NO: 23705
LIFELINE HOSPITAL
Reviewed By

LIFELINE HOSPITAL SALALAH
Hos. License no: 633
P.O.Box:190, P.C:211 S. of Oman

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel: 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

Laboratory Report

Patient Name	: Mr. Ghulam Yasin	Order by	: Dr Amresh Gul
MR No	: LLH107177	Lab No.	:
Age	: 57 Y	Sex	: M
Sample Received	: 17-06-2023 08:38	Phone	: +96896928470
Insurance Company	:	Sample Reported	: 17-06-2023 09:33
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 112576896		

Biochemistry

Test Description	Result	Units	Reference Range
LIPIDS PROFILE			Test Date: 17/06/23 09:24
Total Cholesterol	**221.36 #**	mg/dl	Desirable: < 200 Borderline High: 200 - 240 High: >=240
Triglycerides	**177 #**	mg/dl	Normal: <150 Borderline high: 150-199 High: 200-499 Very high: > or =500
HDL Cholesterol	42.83	mg/dl	35-55
LDL Cholesterol	**143.10 #**	mg/dl	Optimal: <100 Near Optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: > or =190
VLDL Cholesterol	35.50	mg/dl	6-38
T.Chol/HDL Ratio	5.17		3.5-5
LDL/HDL Ratio	4.0		2.5-3.5
LFT			Test Date: 23/02/23 12:35
Total Bilirubin	0.94	mg/dl	Up to 1.1
Direct Bilirubin	**0.29 #**	mg/dl	Up to 0.25
Alkaline Phosphatase	80.66	U/L	40-129
SGOT (AST)	26.77	U/L	Male : 0-38 Female : 0-31
SGPT (ALT)	32.34	U/L	male : 0-40 female: 0-32
Total protein	8.41	g/dl	new born 5.2-9.1 children 5.4-8.7 adults 6.7-8.7
Albumin	4.61	g/dl	3.5-5.5
Globulin	**3.8 #**	gm/dl	1.8 to 3.6 gm/dl
Gamma GT	32.76	u / l	Male :10-71 Female 5-42

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel: 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

RENAL FUNCTION TEST

Test Date: 17/06/23 09:21

BLOOD UREA	27.7	mg/dl	15-45
S. CREATININE	1.0	mg/dl	0.7-1.4 Male 0.6-1.1 Female
S.URIC ACID	6.22	mg/dl	Male : 3.4 - 7.0 mg/dl Female : 2.4 - 5.7 mg/dl

Test Date: 17/06/23 09:24

FASTING BLOOD SUGAR	**103.81 #**	mg/dl	normal <100 mg/dl prediabetes 100-125 mg/dl diabetic >/= 126 mg/dl

Lab Technologist

Pathology Specialist
LIC NO:23703
LIFELINE HOSPITAL

Reviewed By

LIFELINE HOSPITAL SALALAH
P.O.Box:190, P.C:211 S. of Oman
HDS. License no: 633

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel: 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

Laboratory Report

Patient Name	: Mr. Ghulam Yasin	Order by	: Dr Amresh Gul
MR No	: LLH107177	Lab No.	:
Age	: 57 Y	Sex	: M
Sample Received	: 17-06-2023 08:38	Phone	: +96896928470
Insurance Company	:	Sample Reported	: 17-06-2023 09:33
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 112576896		

Hematology

SICKLING TEST

Test	Results
Hemoglobin S, Screening	Negative

Note:
This assay will not discriminate Hgb S trait from homozygous sickle cell disease (S/S), nor any of the following combinations: S/C, S/D, S/G, S/E, S/ beta-thalassemia, S/O-Arab, and C-Harlem trait.

Lab Technologist

Pathology Specialist
LIC NO:23705
LIFELINE HOSPITAL

Reviewed By

LIFELINE HOSPITAL SALALAH
HOS License no: 633
P.O Box: 190, P.C: 211 S. of Oman

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel : 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

Laboratory Report

Patient Name	: Mr. Ghulam Yasin	Order by	: Dr Amresh Gul
MR No	: LLH107177	Lab No.	:
Age	: 57 Y	Sex	: M
Sample Received	: 17-06-2023 08:38	Phone	: +96896928470
Insurance Company	:	Sample Reported	: 17-06-2023 09:33
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 112576896		

Clinical Pathology

Test Description	Result	Units	Reference Range
URINE ANALYSIS			
MACROSCOPIC EXAMINATION	...		
Colour	PALE YELLOW		pale yellow
Apprence	CLEAR		Clear
URINE BIOCHEMISTRY	...		
PH	6.0		6.0-7.5
Specific Gravity	1.015		1.000-1.030
Glucose	NIL		Nil
Urine Protein	NIL		Nil
Keton	NIL		Nil
Bilirubin	NIL		Nil
Urobilinogen	NORMAL		Normal(0.1-1.8 mg/dl)
Nitrite	NEGATIVE		Negative
Blood	NIL		Nil
URINE MICROSCOPY	...		
Pus Cells	2-4	/ hpf	0-2
RBC'S	0-2	/ hpf	0-2
Epithelial Cells	1-3	/ hpf	5-6
Cast	NIL		Nil
Crystals	NIL		Nil
Bacteria	NIL		Nil
Others	NIL		Nil

Lab Technologist

Pathology Specialist
LIC NO.23705
LIFELINE HOSPITAL

Reviewed By

LIFELINE HOSPITAL SALALAH
HOS License no: 633
P.O.Box:190, P.C:211 S. of Oman

مستشفى خط الحياة
LIFELINE HOSPITAL
THE HEALING TOUCH
SALALAH
A unit of VPS Healthcare

P.O.Box: 190, Hamdan Building
P.C: 211, Al Wadi - Salalah,
sultanate of oman.
Tel: 23212340, 23213471
Fax: 23212342
Email: help@lifelineoman.com

Laboratory Report

Patient Name	: Mr. Ghulam Yasin	Order by	: Dr Amresh Gul
MR No	: LLH107177	Lab No.	:
Age	: 57 Y	Sex	: M
Sample Received	: 17-06-2023 08:38	Phone	: +96896928470
Insurance Company	:	Sample Reported	: 17-06-2023 09:33
Policy No.	:	Nationality	: Pakistan
Passport No/Civil ID	: 112576896		

Hematology

Test Description	Result	Units	Reference Range
CBC			
HAEMOGLOBIN	15.0	gms/dl	male: 13-18gm/dl
TOTAL WBC COUNT	9820	cells /cu mm	4000-11000
Neutrophil	62.5	%	40-75 %
Lymphocyte	27.9	%	20 - 45 %
Eosinophil	3.3	%	01 - 06 %
Monocyte	5.8	%	02-08 %
Basophil	0.5	%	00 - 01 %
PLATELET	2.17	lakhs/ cu mm	1.5 - 4.5 lakhs/cu mm
RBC	5.02	10^12/L	New Born : 5.0-7.0 1 year : 3.9-5.1 2-12 years: 4.0-5.2 Male : 4.3 - 5.7 Female : 3.9 - 5.0
PCV	44.6	%	Male : 42 -52 Female : 37 -47
MCV	88.8	fl	76 -96
MCH	29.9	pg	27 -33
MCHC	33.6	g/dl	32 - 36
RDW	11.9	CV%	Adult : 11.8 - 15.6 Child > 2 yrs : 12 -14.5
MPV	9.8	fl	7.4 - 10.5

Lab Technologist

Pathology Specialist
LIC NO.23705
LIFELINE HOSPITAL
Reviewed By

LIFELINE HOSPITAL SALALAH
HOS Licence no: 633
P.O.BOX:190, P.C:211 S. of Oman

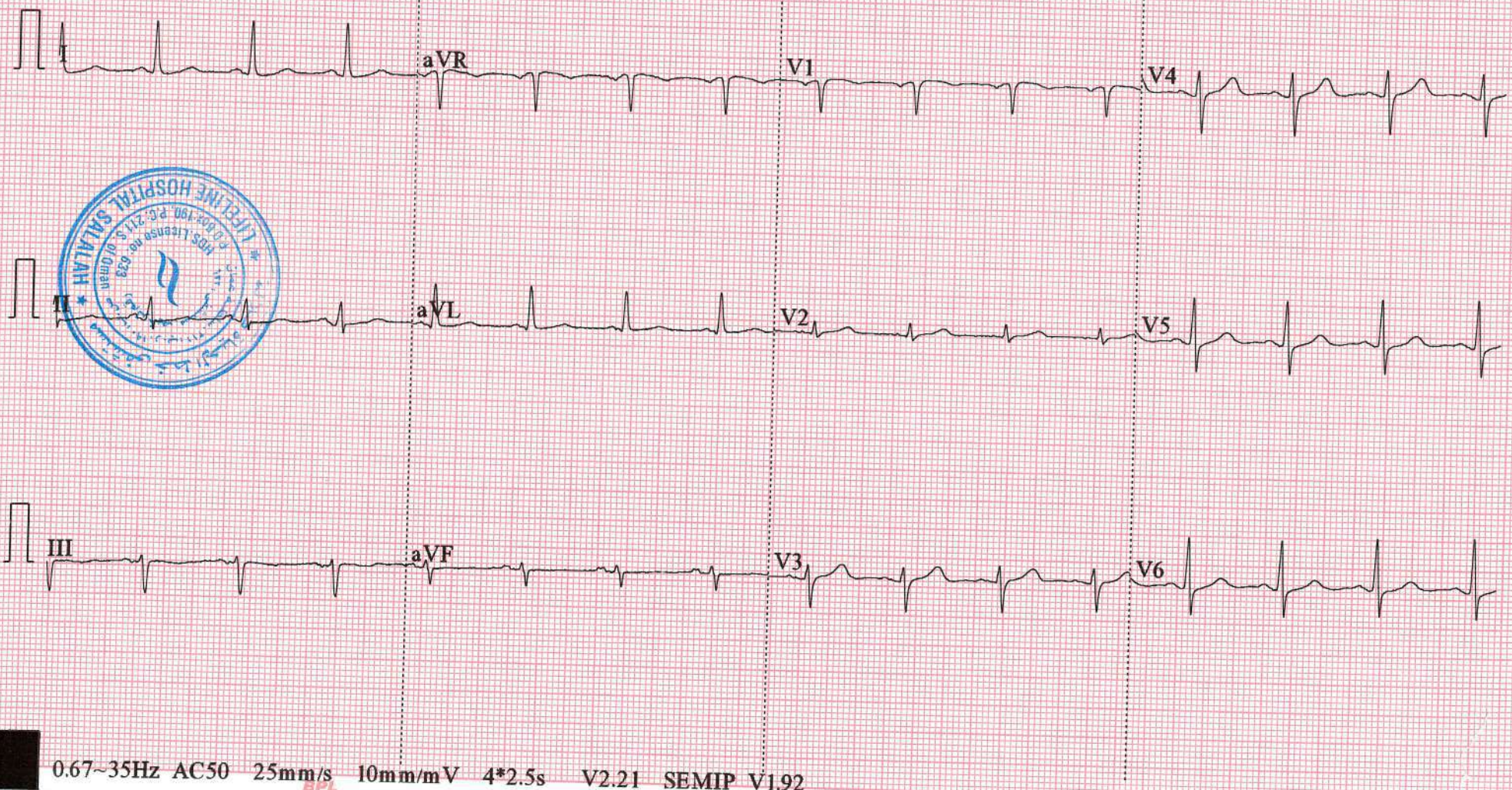
ID: 107177
gulam yasin
Male 57Years
Req. No. :

17-06-2023 09:05:59 AM

HR	: 91	bpm
P	: 101	ms
PR	: 129	ms
QRS	: 81	ms
QT/QTcBz	: 346/427	ms
P/QRS/T	: 7/1/11	°
RV5/SV1	: 0.786/0.530	mV

Diagnosis Information:

Report Confirmed by:



LIFELINE HOSPITAL SALAAH
P.O.Box:190, P.C: 211 S. Oman
HBS Licenso no: 633

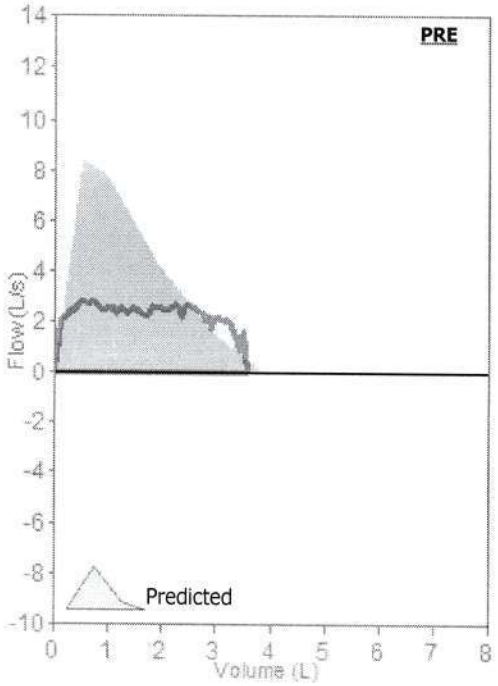
0.67~35Hz AC50 25mm/s 10mm/mV 4*2.5s V2.21 SEMIP V1.92

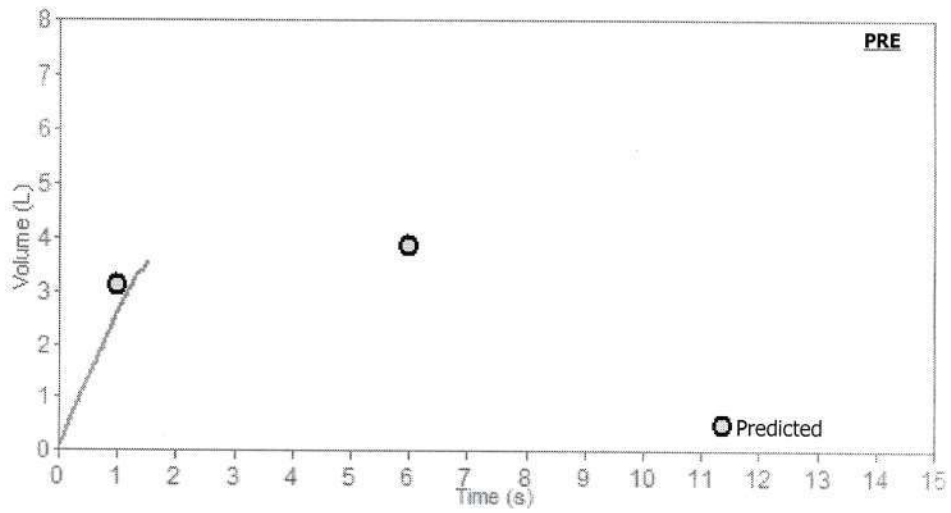
Pulmonary Function Test Results

Visit date 6/17/2023

Patient code 107177		Age	57
Surname	yasin	Gender	Male
Name	ghulam	Height, cm	175
Date of birth	7/1/1965	Weight, kg	97
Ethnic group	Pakistan	BMI	31.67
Smoke	Smoker	Pack-Year	7.5
Patient group			

FVC PRE FEV1 PRE FEV1% PRE





Quality Control Grade: F
0 Acceptable trials

Interpretation

Normal Spirometry

PRE Trial date 6/17/2023 10:35:34 AM

Parameters		LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	2.81	3.86	3.57*	92	-0.45	3.57			*		
FEV1	L	2.25	3.11	2.64*	85	-0.90	2.64			*		
FEV1/FVC	%	70.5	80.6	73.9*	92	-1.09	73.9			*		
PEF	L/s	5.04	8.46	2.98*	35	-2.64	2.98			*		
ELA	Years		57	75	132		75					
FEF2575	L/s	1.76	3.55	2.53	71	-0.94	2.53					
FET	s		6.00	1.49	25		1.49					
FIVC	L	2.81	3.86									
FEV1/VC	%	70.5	80.6									

***Best values from all loops - BTPS 1.087 26 °C (78.8 °F) - Predicted Knudson**

Conclusion / Medical report

Signature

LIFELINE HOSPITAL SALALAH

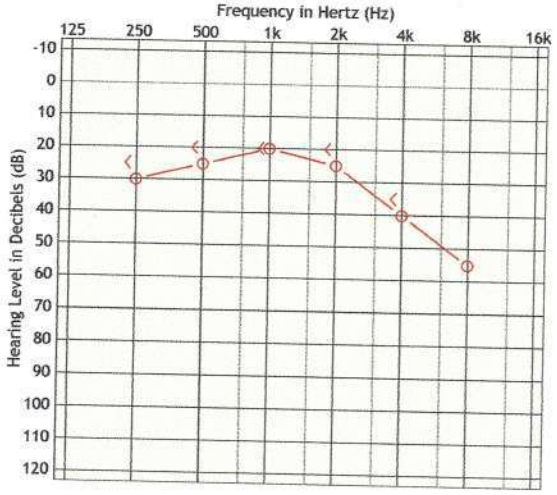
Instrument used
spirobank II-BLE S/N U02906

SUPER QUALITY HEARING AID & SPEECH THERAPY

<SALALAH 23295078>

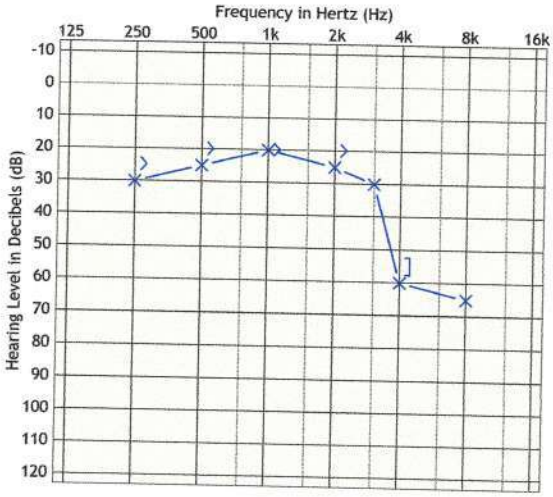
Patient Name YASIN, GHULAM

Test date: 17-06-2023



Legend

	R	B	L
AC	O		X
BC	<		>
BC Masked			]



Pure Tone Average

	AC
Right (3 Freq.)	23
Left (3 Freq.)	23

س.ت رقم : ١٠٩٣٣٩٣
C.R. No: 1093393
PO Box: 2273
Postal Code: 133
Salalah: 2419
SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTRE

Report Comments

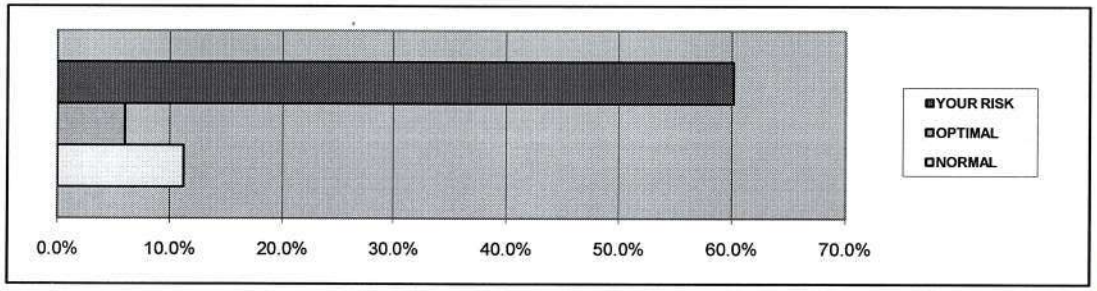
B/L: HEARING SENSITIVITY WITHIN NORMAL LIMITS (SUDDEN DIP AT 4KHz ONWARDS).
FOLLOW UP
ENT REVIEW
AURAL HYGIENE

Name :
ABC

17-06-2023

From The Framingham Heart Study	Enter Values Here		
General CVD Risk Prediction			
Risk Factor	**Units**	**(Type Over Placeholder Values in Each Cell)**	**Notes**
Sex	male (m) or female (f)	m	
Age	years	57	
Systolic Blood Pressure	mmHg	186.0	
Treatment for Hypertension	yes (y) or no (n)	Y	
Smoking	yes (y) or no (n)	Y	
Diabetes	yes (y) or no (n)	n	
HDL	mg/dL	42.83	
Total Cholesterol	mg/dL	221.36	
Your 10-Year Risk (The risk score shown is derived on the basis of an equation. Other print products, use a point-based system to calculate a risk score that approximates the equation-based one.)		risk>30%	*If value is < the minimum for the field, enter the minimum value. If value is > the maximum for the field, enter the maximum value.*

Your Heart/Vascular Age >85



Calculator prepared by R.B. D'Agostino and M.J. Pencina based on a publication by D'Agostino et al. in Circulation

GHULAM YASIN
LLH107177
17/06/2023

Dr Adason Joshua Ushunde
General Practitioner
M.O.H LIC: 18316
LIFELINE HOSPITAL, Salalah.

17/06/2023

LIFELINE HOSPITAL SALALAH

LIFELINE HOSPITAL SALALAH

Name: ghulam yasin **Date: 17-06-2023** Time: 10:50

Interpretation

TMT REPORT

The Patient Exercised according to Bruce Protocol for 0:07:34 achieving a work level of 8.5 METS.
Resting Heart Rate, initially 70 bpm rose to a max. heart rate of 137bpm
(85% of Predicted Maximum Heart Rate).no chest pain no ECG changes no arrhythmias
Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 160 mmHg

CONCLUSION

NEGATIVE TMT

DR.SEIF ATTIA

Dr. Seifelnasr Attia Seifelnasr Attia
Specialist Cardiologist
M.O.H Lic No-21112
LIFELINE HOSPITAL,SALALAH

LIFELINE HOSPITAL SALALAH
HDS License no: 633
P.O Box:190, P.C: 211 S. of Oman

Ref. Doctor: ----

Schiller Spandan CS-20 Version:1.10 Doctor: ----

(Summary Report edited by User)

LIFELINE HOSPITAL SALALAH

ghulam yasin

Bruce Protocol

Exec Time : 0:00:00

ID: 107177

Stage: Standing

Stage Time : 00:02

Date: 17-06-2023

THR: 138 bpm

Speed: 0

HR: 87 bpm

BP: 120/80 mmHg

Slope: 0 %



	STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
I	-0.2	0.1	aVR	0	-0.2	V1	0.2	-0.1	V4	0.5	0.2
II	0.3	0.2	aVL	-0.2	0	V2	0.1	0.1	V5	0.2	0.2
III	0.1	0.1	aVF	0.1	0.1	V3	0.6	0.1	V6	-0.3	0.1

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

Schiller Spandan CS-20 Version:1.10

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

LIFELINE HOSPITAL SALALAH

ghulam yasin
Bruce Protocol
Exec Time : 0:02:58

ID: 107177
Stage: 1
Stage Time : 02:58

Date: 17-06-2023
THR: 138 bpm
Speed: 2.7 kmph

HR: 116 bpm
BP: 160/85 mmHg
Slope: 10 %



	STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
I	-0.3	0.2	aVR	0.3	-0.5	V1	0.2	-0.1	V4	0	0.2
II	0.2	0.4	aVL	-0.4	0	V2	0	0.1	V5	-0.5	0.1
III	0.5	0.2	aVF	0.3	0.3	V3	0.2	0.1	V6	-1	0

LIFELINE HOSPITAL SALALAH
HOS.License no: 633
P.O.Box:190, P.C:211 S. of Oman

Chart Speed: 25 mm/sec
Schiller Spandan CS-20 Version:1.10

Filter: 35 Hz

Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

Amplitude: 10mm/mV

ghulam yasin

LIFELINE HOSPITAL SALALAH

Bruce Protocol
Exec Time : 0:03:19

ID: 107177
Stage: 2
Stage Time : 00:19

Date: 17-06-2023
THR: 138 bpm
Speed: 4 kmph

HR: 120 bpm
BP: 160/85 mmHg
Slope: 12 %



	STLevel(mm)	STSlope(mV/s)
I	0.2	-0.2
II	-0.1	0
III	0	0.1
aVR	0	0.1
aVL	0.1	-0.2
aVF	0	0
V1	0.4	-0.1
V2	-0.1	0.1
V3	0.2	0
V4	-0.2	0.2
V5	-0.5	0.1
V6	-0.9	0

Chart Speed: 25 mm/sec
Schiller Spandan CS-20 Version:1.10

Filter: 35 Hz

Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

Amplitude: 10mm/mV

LIFELINE HOSPITAL SALALAH

LIFELINE HOSPITAL SALALAH

ghulam yasin

Bruce Protocol

Exec Time : 0:03:37

ID: 107177
Stage: 2
Stage Time : 00:37

Date: 17-06-2023
THR: 138 bpm
Speed: 4 kmph

HR: 120 bpm
BP: 160/85 mmHg
Slope: 12 %



	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)
I	-0.2	-0.1	aVR	0.4	V1	0.2	V4	0.2
II	-0.5	-0.1	aVL	0.1	V2	0.4	V5	-0.4
III	-0.4	0	aVF	-0.2	V3	0.3	V6	-0.7

LIFELINE HOSPITAL SALALAH
HOS. License no. P.O Box:190, P.C. 211

Chart Speed: 25 mm/sec
Schiller Spandan CS-20 Version:1.10

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

LIFELINE HOSPITAL SALALAH

ghulam yasin

Bruce Protocol

Exec Time : 0:03:56

ID: 107177

Stage: 2

Stage Time : 00:56

Date: 17-06-2023

THR: 138 bpm

Speed: 4 kmph

HR: 121 bp

BP: 160/85 mmH

Slope: 12 %



	STLevel(mm)	STSlope(mV/s)
I	-0.4	-0.1
II	-0.5	0.1
III	-0.2	0.2
aVR	0.7	0.1
aVL	0	-0.2
aVF	-0.3	0.2
V1	0.5	-0.1
V2	0	0
V3	0.7	0.2
V4	0	0.3
V5	-0.7	0.3
V6	-0.4	0.2

Chart Speed: 25 mm/sec

Schiller Spandan CS-20 Version:1.10

Filter: 35 Hz

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

Amplitude: 10mm/mV

LIFELINE HOSPITAL SALALAH
P.O Box:199, P.C. 211 S. of Oman
HOS. License no: 633

LIFELINE HOSPITAL SALALAH

ghulam yasin

Bruce Protocol

Exec Time : 00:00

ID: 107177
Stage: Recovery1
Stage Time : 00:35

Date: 17-06-2023
THR: 138 bpm
Speed: 0 kmph

HR: 134 bpm
BP: 160/85 mmHg
Slope: 0 %



	STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
I	-0.4	0.2	aVR	0.6	-0.4	V1	0.6	-0.1	V4	0.1	0.4
II	-0.7	0.4	aVL	-0.1	0	V2	0.3	0.1	V5	-0.7	0.4
III	-0.2	0.2	aVF	-0.5	0.3	V3	0.5	0.3	V6	-1	0.2

Chart Speed: 25 mm/sec
Schiller Spandan CS-20 Version:1.10

Filter: 35 Hz

Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 120 ms

Amplitude: 10mm/mV

LIFELINE HOSPITAL SALALAH

LIFELINE HOSPITAL SALALAH

Name: ghulam yasin

Date: 17-06-2023 **Time:** 10:50

Age: 57 **Gender:** M **Height:** 180 cms **Weight:** 100 Kg **ID:** 107177

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 163 **Target HR:** 138

Exercise Time: 0:07:34

Achieved Max HR: 137 (84% of Predicted MHR)

Max BP (Systole): 160

Max BP x HR: 21920 **Max Mets:** 8.5

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:07	1	0	0	30	120/80	3600	0 I	0 I
Standing	00:06	1	0	0	30	120/80	3600	0.6 V3	0.2 II
HyperVentilation	00:06	1	0	0	84	120/80	10080	0.5 V4	0.2 II
PreTest	00:10	1	1.6	0	88	120/80	10560	0.6 V3	0.2 II
Stage: 1	03:00	4.7	2.7	10	116	160/85	18560	-1 V6	-0.5 aVR
Stage: 2	03:00	7	4	12	128	160/85	20480	1.4 III	-0.4 II
Peak Exercise	01:34	8.5	5.5	14	137	160/85	21920	1.7 aVR	-0.6 aVR

LIFELINE HOSPITAL SALALAH
P.O Box:190, P.C: 211 S. of Oman
HOS. License no: 633

SCHILLER
The Art of Diagnostics