AL BASHAYER
SPECIALISED MEDICAL CENTER

مركز البشائر الطبي التخصصي

CR: 1/52152/7

MEDICAL EXAMINATION REPORT (CONFIDENTIAL)

لطابق الأرضي ، مبنى مجان ١٥٣٦ ، شارع الجامعة الأكبر ، غلا
Ground Floor , Majan Building 1536, Al Jamia Al Akbar Street, Ghala
24112117 / 91850003 @bsmc.oman @bsmc_oman @bsmcoman
س.ت: ١/٥٢١٥٢/٧ ، ص.ب : ٣٠٤ ، الرمز البريدي : ١١٦ ، مسقط ، سلطنة عمان
C.R.No: 1/52152/7, P.O. Box: 304, P.C: 116, Sultanate of Oman

S Patient : 109555 Reg.Dt : 19/12/2024
Name : ABDUL REHMAN
Gender : Male Nationality : PAKISTANI
F Age : 29Y ID Card No : VH9150871
DOB : 15/09/1995
A Customer : WALK IN PATIENTS

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Place of examination ABSmc	Date 19/12/24
Home telephone number	

If a dependant enter employee's name here:

Surname:		Forenames:	
Birth date: 15/9/1995	Nationality: Pakistani	Country of birth: Pakistani	Religion:

☑ Male ☐ Female ☑ Married ☐ Single ☐ Separated /Divorced

Relationship to employee: ☐ Wife ☐ Son ☐ Daughter

Number of children: 4

Reason for examination: Pre-Employment ☑ Job: Electrician
Pre-Overseas ☐ Area:

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)

Are you a Registered Disabled Person? (UK only) ☐

Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease			40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure					
6. Hayfever /other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		
7. Any skin trouble		✓	27. Serious chest pain					
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine			44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting			Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble			46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease			48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		✓
19. Varicose veins			39. Fear of heights		✓			
20. Lump in breast/armpit		-						

FIT

How much tobacco each day? NO Average daily alcohol consumption N/O

Have you ever taken elicited drugs? Nil PDO test all new/potential employees for elicited/recreational drugs Nil

FAMILY HISTORY: ✓ Diabetes ( ) Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( )
Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 19/12/2024 **Signature of Applicant:**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal	A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A		
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING	VISION DISTANT R	VISION DISTANT L	VISION NEAR R	VISION NEAR L	Colour Vision	Blood Group
166	64	23.23	131/88	97	L N. R N.	Uncorrected 6/6		6/6		N	
						Corrected					

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		8. Sickle Cell test
✓		2. Hb, Bloodcount, ESR		✓		9. Audiogram
✓		3. LFT		✓		10. Lung Function
✓		4. RFT				11. Chest X-Ray
✓		5. RBS		✓		12. ECG
		6. Drug Screen				13. CVS risk for 40 yrs. & above
✓		7. Lipids (40 years +)				14. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

FIT

ASSESSMENT:

☑ **FIT ALL AREAS** ☐ **FIT WITH RESTRICTION** ☐ **TEMPORARY UNFIT** ☐ **UNFIT**

Date: Name (Block Capitals): Dr. / Nurse Signature:

DR. MOHAMMED AKBAR KHAN
General Practitioner
MOH Lic. No. 4404

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature:

AL BASHAYER
SPECIALISED MEDICAL CENTER

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Fitness to Work Certificate

Employee Data		Date
Name		Department/Company
I.D No.	Age	Occupation

Type of Medical Evaluation			Mark those applying √
A1	Aircraft refuelling	A6	Fire / Emergency response team work
A2	Breathing apparatus	A7	Professional driving
A3	Business traveller	A8	Remote location work
A4	Catering and food preparation	A9	Transfers – group A country
A5	Crane or forklift driving & all heavy vehicles	A10	Transfers – group B country

Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.

FIT

Fit with no restrictions			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	***Temporary restriction***	***Permanent restriction***	
Work near moving machinery or sharp edges			
Working at height			
Puling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specifiy)			
Temporary Unfit until			
Permanently Unfit			**Date**
Name of health advisor	**Signature**		**Date**

DR. MOHAMMED AKBAR KHAN
General Practitioner
MOH Lic. No. 440

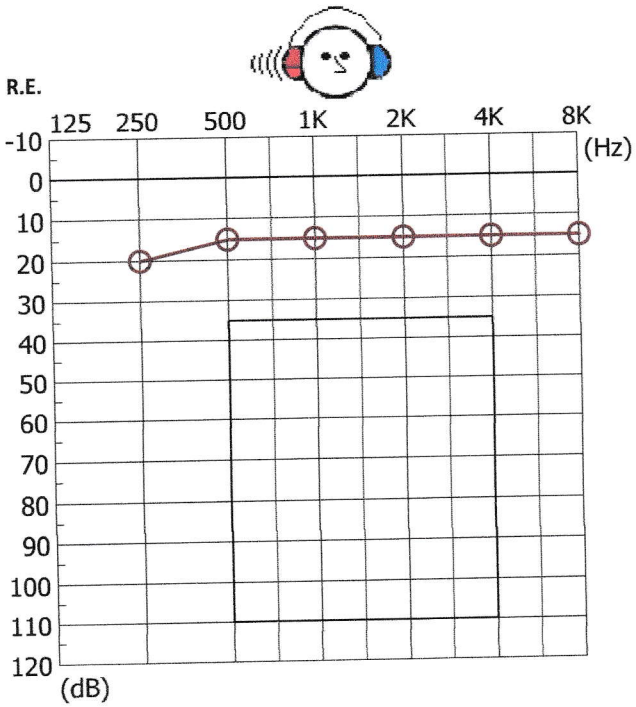
AUDIOMETRY REPORT

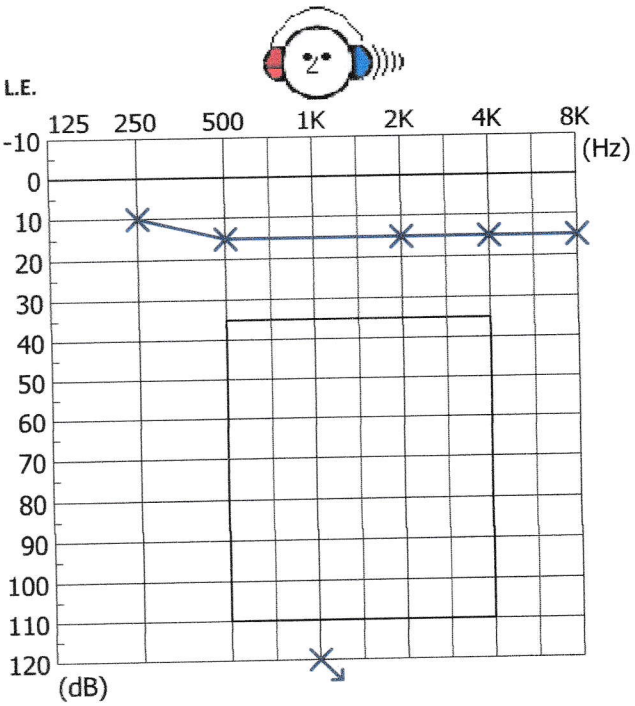
Name: ,
Age(y): 0
Sex: Man
Height (cm): 0
Weight(Kg): 0
BMI:

SIBELMED W5C

Patient : 109555 Reg.Dt : 19/12/2024
Name : ABDUL REHMAN
Gender : Male Nationality : PAKISTANI
Age : 29Y ID Card No : VH9150871
DOB : 15/09/1995
Customer : WALK IN PATIENTS

Test date:
Reference:
Technician:
Reason:
Origin:
Equipment: Sibelsound DUO
Device serial numb.: 677
Flash Version: 1.0





No Masking	R.E.	L.E.	With Masking	R.E.	L.E.
Air	O	X	Air	△	□
Bone	<	>	Bone	⊂	⊃
F.Field	⌀	⌀			
No response	↙	↘			

MINISTRY OF LABOUR AND SOCIAL AFFAIRS

	R.E.	L.E.
Hearing Loss (%)	---	---
Average dBs	---	---
Bilateral Loss (%)	---	

Right ear Missing values
Left ear Missing values

HUGHSON-WESTLAKE AUDIOMETRY CONFIGURATION
Start level: 40dBs
Length of the tone: 1.0s
Method to determine the threshold: 2/3
Random interval between tones: 1.0s
Type of tone: Continuous tone
Re-test value at 1000Hz: 5dBs

COMMENTS:

Normal

Printing Date:

Sibelmed

AL BASHAYER MEDICAL CENTER
مركز البشائر الطبي

Tel: +96824112117 / 24112178
P.O.BOX:304,PC:116,
Mina Al Fahal, Sultanate of Oman

PATIENTDETAILS :

Name	: ABDUL REHMAN	**Doc No**	: 120374
Age	: 29Y	**Patient ID**	: 109555
Gender	: Male	**Bill No**	: 131741
GSM No	: 77448301	**Date**	: 19/12/2024 12:42 PM
Doctor	: DR. WALEED AL ZADJALI	**Customer**	: WALK IN PATIENTS
		Employee No	:

TEST RESULT :

Test	Result	Normal Range
PDO MEDICAL		
Complete Blood Count		
WBC	6.30 × 10^3/L	2.4 -9.5 × 10^3/L
RBC	5.95 × 10^6/uL	4.1 - 5.4 × 10^6/uL
HGB	13.2 g/dL	Male: 13.5 - 18.0 g/dL Female: 12.0 - 16.0 g/dL
HCT	40.0 %	Male: 41.0 - 50.0 % Female: 36.0 - 48.0 %
MCV	67.2 fL	78.0 - 95.0 fL
MCH	22.2 pg	26.0 - 33.0 pg
MCHC	33.0 g/dL	31.0 - 35.0 g/dL
RDW-CV	15.5 %	11.5 - 16.5 %
RDW-SD	41.6 fL	35.0 - 56.0 fL
PLT	250 × 10^3/uL	150 - 450 × 10^3/uL
MPV	9.0 fL	7.0 - 10.5 fL
PDW	14.1 fL	9.0 - 17.0 fL
PCT	0.226 %	0.108 - 0.282 %
SICKLE CELL	NEGATIVE	Negative Sickle cell Positive Result MUST be confirmed by Heamoglobin Electrophoresis or HPLC
RANDOM BLOOD SUGAR (RBS)	5.89 mmol/L	NORMAL - Below 11.0 mmol/L Diabetic - 11.0 mmol/L or more (200 mg/dl) or more
LIPID PROFILE		
CHOLESTEROL (TOTAL)	5.51 mmol/L	< 5.20 mmol/L
HIGH DENSITY LIPOPROTEIN (HDL)	4.21 mmol/L	0.92 - 2.07 mmol/L
LOW DENSITY LIPOPROTEIN (LDL)	0.85 mmol/L	0 - 3.9 mmol/L
TRIGLYCERIDES	1.01	Normal < 1.7 mmol/L
VERY LOW DENSITY LIPOPROTEIN (VLDL)	0.45 mmol/L	0.10 - 1.5 mmol/L
CHOL - HDL RATIO	1.3	1.7 - 7.5
.		
LFT (LIVER FUNCTION TEST)		
BILIRUBIN TOTAL	14.77 umol/L	5.0 - 20.5 umol/L
BILIRUBIN DIRECT	6.28 umol/L	0.0 - 5.1 umol/L
BILIRUBIN INDIRECT	8.49 umol/L	0 - 25.0 umol/L
AST (ASPARTATE AMINOTRANSFERASE) SGOT	21.4	Male: 0 - 35 U/l Female: 0 - 31 U/l
ALT (ALANINE AMINOTRANSFERASE) SGPT	23.1	Male 0 - 45 U/L Female 0 - 34 U/L
ALKALINE PHOSPHATASE (ALP)	55	Male: 53 - 128 U/L Female: 42 - 98 U/L
PROTEIN TOTAL	62.9	64 - 83 g/L
ALBUMIN	48.2 g/dL	35 - 52 g/L
GLOBULIN	14.7 g/L	24 - 35 g/L
A/G RATIO	3.2	1.2 - 1.5

Reported By:

Shaima

Approved By:

Abrar Al Zadjali
Molecular Biologist, MOH License No.19422

C.R. No.: 1/5215277
P.O. Box 304 M.A.F
Ghala
SULTANATE OF OMAN
AL BASHAYER SPECIALISED MEDICAL CENTER

Printed at: 19/12/2024 13:10:05

Signed at: 19/12/2024 12:52:17

AL BASHAYER
MEDICAL CENTER
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PATIENTDETAILS :

Name	: ABDUL REHMAN	**Doc No**	: 120374
Age	: 29Y	**Patient ID**	: 109555
Gender	: Male	**Bill No**	: 131741
GSM No	: 77448301	**Date**	: 19/12/2024 12:42 PM
Doctor	: DR. WALEED AL ZADJALI	**Customer**	: WALK IN PATIENTS
		Employee No	:

TEST RESULT :

Test	Result	Normal Range
RFT (RENAL FUNCTION TEST)		
UREA	4.03 mmol/L	2.99 - 9.16
CREATININE	0.81 mg/dl	Males: 0.7 - 1.3 mg/dl Females: 0.6 - 1.1 mg/dl Newborn: 0.3 - 1.0 mg/dl Infant: 0.2 - 0.4 mg/dl Child: 0.3 - 0.7 mg/dl Adolescent: 0.5 - 1.0 mg/dl
URIC ACID	4.1 mg/dl	Male: 3.5 - 7.2 mg/dl Female: 2.6 - 6.0 mg/dl
URINE ANALYSIS		
PHYSICAL EXAMINATION		
URINE COLOUR	Pale Yellow	Pale Yellow
URINE APPEARANCE	CLEAR	CLEAR
CHEMICAL EXAMINATION		
URINE PH	7	5 - 7
URINE PROTEIN	Nil	NEGATIVE
GLUCOSE IN URINE	Nil	NEGATIVE
BILIRUBIN (URINE)	Nil	NEGATIVE
BLOOD (URINE)	Nil	NEGATIVE
UROBILINOGEN (URINE)	Nil	TRACES (normal)
NITRITE (URINE)	Nil	NEGATIVE
LEUKOCYTE (URINE)	NOT SEEN	NIL
KETONE	NOT SEEN	
SPECIFIC GRAVITY (URINE)	1.010	1.015 - 1.030
MICROSCOPY		
Red Blood Cells	0-1 /HPF	Not seen
White Blood Cells	2-3 /HPF	0 - 2
EPITHELIAL CELLS	1-2 /HPF	0 - 5
BACTERIA (URINE)	NOT SEEN	ABSENT
CRYSTALS (URINE)	Not seen	ABSENT
CASTS (URINE)	NOT SEEN	NOT SEEN
AMORPHOUS DEPOSITS (URINE)	NOT SEEN	NOT SEEN
OTHERS (URINE)	NOT SEEN	NOT SEEN

Remarks :

Reported By:

Shaima

Approved By:

Abrar Al Zadjali
Molecular Biologist, MOH License No.19422

C.R. No.: 1/52152/7
P.O. Box 304 M.A.F
Ghala
AL BASHAYER SPECIALISED MEDICAL CENTER
SULTANATE OF OMAN

Printed at: 19/12/2024 13:10:05

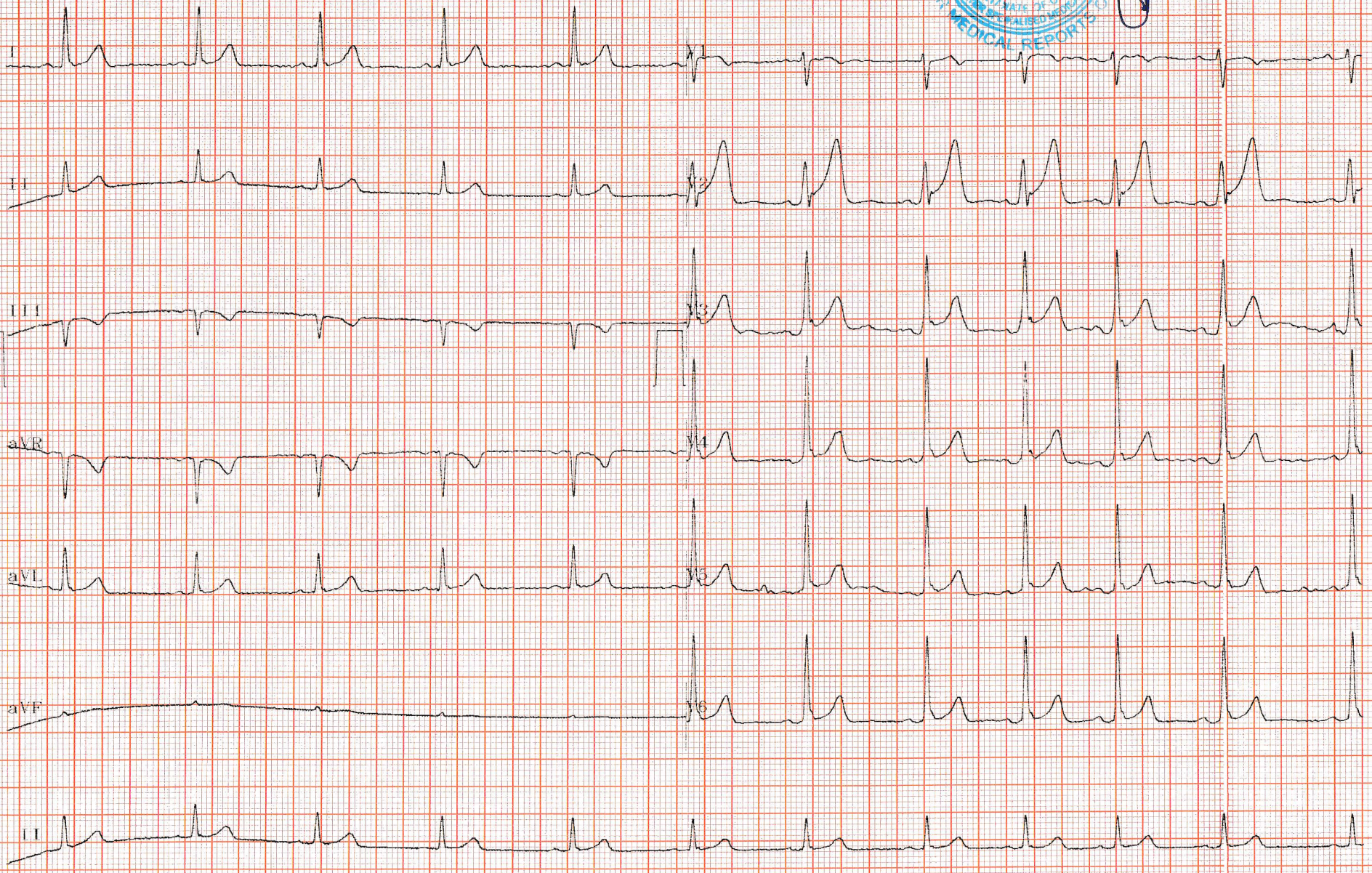
Signed at: 19/12/2024 12:52:17

2024-12-19 09:01:53 6 Channel + 1 Rhythm Report Hospital:AL BASHAYER MED

Prescribed by:

Patient : 109555 Reg.Dt : 19/12/2024
Name : ABDUL REHMAN
Gender : Male Nationality : PAKISTANI
Age : 29Y ID Card No : VH9150871
DOB : 15/09/1995
Customer : WALK IN PATIENTS

Heart Rate: 69bpm ** Analysis Result ** (To be finally confirmed by cardiologist)
PR Int.: 150 ms Atrial Fibrillation
QRS Dur.: 70 ms Normal Axis
QT/QTc: 358/375 ms [Markedly Abnormal ECG]
P-R-T axes:
1 4 4



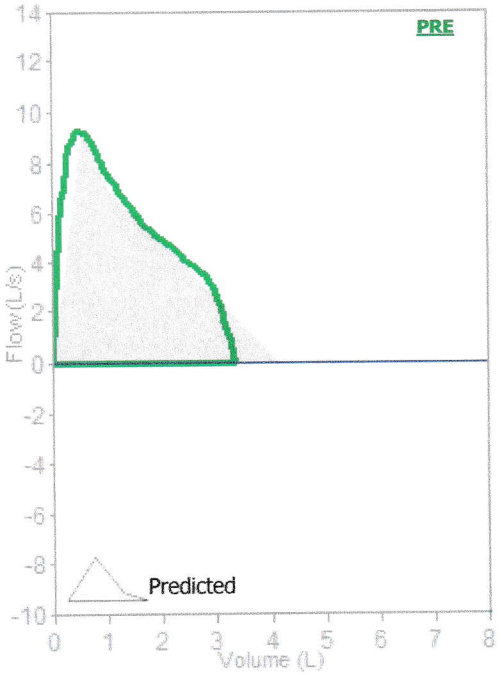
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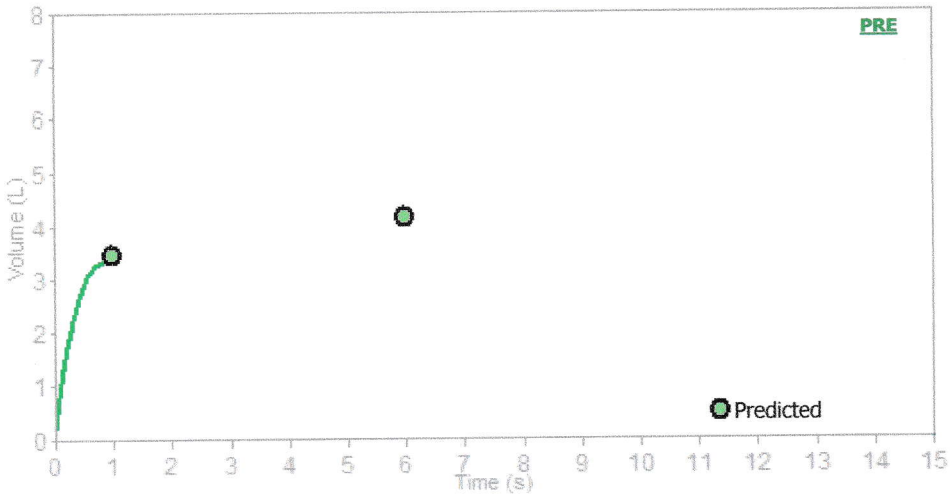
Pulmonary Function Test Results

Visit date 12/19/2024

Patient code	109555	Age	29
Surname	REHMAN	Gender	Male
Name	ABDUL	Height, cm	166
Date of birth	9/15/1995	Weight, kg	64
Ethnic group	Asian	BMI	23.23
Smoke	No smoker	Pack-Year	
Patient group			

FVC PRE FEV1 PRE FEV1% PRE





Quality Control Grade: F
0 Acceptable trials

PRE Trial date 12/19/2024 9:23:53 AM

Parameters		LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	3.45	4.17	3.35*	80	-1.65	3.35			*		
FEV1	L	2.84	3.45	3.35*	97	-0.29	3.35			*		
FEV1/FVC	%	72.4	82.1	100.0*	122	3.05	100.0			*		
PEF	L/s	7.22	9.24	9.26*	100	0.02	9.26			*		
ELA	Years		29	34	117		34					
FEF2575	L/s	2.71	4.10	5.58	136	1.76	5.58					
FET	s		6.00	0.94	16		0.94					
FIVC	L	3.45	4.17									
FEV1/VC	%	72.4	82.1									

*Best values from all loops - BTPS 1.087 26 °C (78.8 °F) - Predicted NHANES III

Conclusion / Medical report

Signature

Normal

Instrument used
Minispir S S/N C12098